Maine Family Planning
TelAbortion Checklist

Eligibility criteria:

☐ has access to a device (phone, tablet, computer) with internet connection, a webcam, & microphone

☐ lives in ME or NY, or is able to have consult and receive the package in ME or NY

☐ does not have contraindications to medical abortion including:
  - IUD in place
  - Chronic adrenal failure
  - Inherited porphyria
  - Concurrent long-term corticosteroid
  - History of allergy to mifepristone, misoprostol, or other prostaglandin
  - Hemorrhagic disorders or concurrent anticoagulant therapy treatment

☐ LMP less than 70 days

☐ 10 years old or older

Tests needed:

☐ Ultrasound

☐ Rh Type if unknown (self-report acceptable); NOT needed if 56d LMP or less

☐ Hgb/Hct if indicated

Contact info: 207-922-3222