

## Maine Family Planning TelAbortion Checklist

### ***Eligibility criteria:***

- has access to a device (phone, tablet, computer) with internet connection, a webcam, & microphone
- lives in ME or NY, or is able to have consult and receive the package in ME or NY
- does not have contraindications to medical abortion **including:**
  - IUD in place
  - Chronic adrenal failure
  - Inherited porphyria
  - Concurrent long-term corticosteroid
  - History of allergy to mifepristone, misoprostol, or other prostaglandin
  - Hemorrhagic disorders or concurrent anticoagulant therapy treatment
- LMP less than 70 days
- 10 years old or older

### ***Tests needed:***

- Ultrasound
- Rh Type if unknown (self-report acceptable); NOT needed if 56d LMP or less
- Hgb/Hct if indicated

***Contact info: 207-922-3222***